

June 2014



Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

Mon	Tue	Wed	Thu	Fri
2 Nutritional Information Games	Don't for- get to vote!	Games George Strobel	5 Games	6 Lunch at the Palace Chinese Restaurant in Trussville
9 Bingo & Bridge	10 Games	11 Nutritional Information Games Martha Howell	12 Games	13 Father's Day Camp Out
16 Bingo & Bridge	17 Games	18 Advisory Committee Meeting 1:00 p.m. Games	19 Nutritional Information Games	Games Devotional with Beth
Bingo & Bridge	Nutritional Information Games	25 Games	26 Games	Wii Bowling tournament at the Centerpoint Sr. Center10:00 Let's win that trophy back!!!
Bingo & Bridge			June Birthdays In Red	Center is open Monday-Friday 9 a.m.—1 p.m.

ADSS NUTRITION PROGRAM

MONDAY			ADSS NOTRITION PROGRAM			SPRING 2014		
MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Menu 6 Apple Juice Swiss Steak Buttered Rice Mixed Vegetables Wheat Bread Margarine Pincapple Tidbits Milk Alternate: Teriyaki Beef Patty	Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk	3	Menu 8 Smoked Sausage/Bun Whole Kernel Corn Broccoli and Carrots Fresh Fruit Diced Onions Mustard Lemon Pudding Milk	4	Menu 9 Orange/Pineapple Juice Sliced Turkey/Gravy Whipped Sweet Potatoes Lima Beans Wheat Roll Margarine Birthday Cake Milk	5	Menu 10 Grape Juice Chicken Noodle Casserole Turnip Greens Cold Country Tomatoes Cornbread Margarine Gingerbread Cookie Milk/Buttermilk	6
Menu 11 9 Blended Juice Chicken/Sausage Jambalaya Cabbage Green Peas Saltine Crackers Margarine Raisin Crème Pie Milk	Meatloaf/Brown Gravy Whipped Potatoes Mixed Greens Fresh Fruit Cornbread Margarine Cranberry Congealed Salad Milk/Buttermilk	10	Menu 13 Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk	11	Menu 14 BBQ Rib Patty Northern Beans Broccoli Sliced Peaches Wheat Bread Margarine Yellow Cake Milk	12	Menu 15 Cranberry Juice Spaghetti Casserole Whole Kernel Corn Marinated Slaw Texas Bread Margarine Oats and Honey Goldfish Cookie Milk	13
Menu 16 Apple Juice Grilled Pork Patty/Brown Gravy Delmonico Potatoes Brussels Sprouts Whole Wheat Bread Margarine Strawberry Cake Milk	Grape Juice Italian Macaroni Casserole Green Beans Tossed Salad/Italian Dressing Texas Bread Margarine Vanilla Goldfish Cookie Milk	17	Menu 18 Smothered Chicken Thigh Brown Rice Mustard Greens Fresh Fruit Cornbread Margarine Orange Gelatin Milk/Buttermilk	18	Menu 19 Cranberry Juice Ham & White Beans Okra and Tomatoes Glazed Carrots Wheat Bread Margarine Fudge Crème Cookie Milk	19	Menu 20 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	20
Menu 1 Cranberry Juice Beef Tips/Rice Buttered Carrots Green Beans Whole Wheat Bread Margarine Fig Bar Milk	Menu 2 Apple Juice Breaded Chicken Patty/ Gravy Country Potatoes Green Peas Wheat Bread Margarine Banana Pudding Milk		Menu 3 Meatballs(3)/Spaghetti Sauce Whole Grain Penne Pasta California Vegetables Tossed Salad/Ranch Dressing Wheat Breadstick Margarine Chocolate Cake Milk	25	Menu 4 Tomato Juice Vegetable Plate: Macaroni & Cheese Black Eyed Peas Collard Greens Cornbread Margarine Assorted Snack Cakes/Cookies Milk/Buttermilk	26	Menu 5 BBQ Chicken Diced Northern Beans Garden Vegetables Fresh Fruit Hamburger Bun Cherry Gelatin Milk	27
Menu 6 30 Apple Juice Swiss Steak Buttered Rice Mixed Vegetables Wheat Bread Margarine Pineapple Tidbits Milk					N.			